Zip a Backpack Step by Step

Pre-K-Grade 2 | Practical life | Sequencing | Color

Learner: _____ Date: _____

Practice with an empty backpack on a table or lap. Point to, act out, number, or follow the six steps. A helper may hold the bag or guide each motion.

1 **PLACE BAG FLAT**

2 **FIND THE ZIPPER**

3 **HOLD THE BAG**

4 **GRASP THE PULL**

5 **PULL TO THE END**

6 **CHECK IT IS CLOSED**

Grown-up check: Suggested order shown. Use an empty, lightweight backpack. Adults may stabilize the bag or use hand-under-hand support. Looking, pointing, eye-gaze, or directing a helper all count.

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