Trace My Hand Outline

Toddler readiness-Grade 1 | Fine motor | Body awareness | Ink-Saver B&W

Learner: _____ Date: _____

Place one hand, a helper's hand, or a paper hand shape on scrap paper. Trace around it slowly. Stop if holding still is uncomfortable.

TRACE LEFT

TRACE ON SCRAP PAPER

TRACE RIGHT

TRACE ON SCRAP PAPER

TRACE A PAPER HAND

TRACE ON SCRAP PAPER

TRACE A HELPER HAND

TRACE ON SCRAP PAPER

ADD FINGER NAMES

TRACE ON SCRAP PAPER

YOUR COMFORTABLE WAY

TRACE ON SCRAP PAPER

Grown-up check: Open-ended. Trace one or both hands, use a paper template, direct a helper, or simply point around the outline.

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