Plan and Prioritize Schoolwork

Grades 5-6 | Executive function | Step by step

Learner: _____ Date: _____

List up to four tasks. Estimate time, mark importance, choose a starting step, and plan one flexible break.

TASKS AND DUE DATES

TIME ESTIMATE AND IMPORTANCE

MY FIRST SMALL STEP

BREAK, SUPPORT, AND CHECK-IN PLAN

Grown-up note: Plans should be realistic and flexible. Start with a short concrete action, use supports, and revise the plan when needs change.

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