Stop and Go With the Beat

Toddler readiness-Grade 1 | Listening | Self-regulation | Color

Learner: _____ Date: _____

A grown-up makes a gentle beat by clapping or tapping. Move, tap, look, or direct a helper while the beat plays. Pause when it stops. Keep sound comfortable.

1 **LISTEN FOR THE BEAT**

2 **GO WITH THE BEAT**

3 **STOP WHEN QUIET**

4 **WAIT**

5 **GO AGAIN**

6 **CHOOSE FAST OR SLOW**

Grown-up check: There is no single movement. The goal is noticing sound and silence, then starting and pausing safely. Keep volume comfortable and honor a learner's need to opt out.

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