Squeeze Water with a Sponge

Toddler readiness-Grade 1 | Fine motor | Practical life | Color

Learner: _____ Date: _____

With a grown-up, use two small bowls, a clean sponge, and a little water. Point to, number, or practice each step. A dry pretend version also works.

1 **DIP SPONGE**

2 **LIFT WITH TWO HANDS**

3 **MOVE OVER EMPTY BOWL**

4 **SQUEEZE GENTLY**

5 **CHECK THE WATER**

6 **DRY THE SPACE**

Grown-up check: Suggested order: dip; lift; move; squeeze; check; dry. Use only a small amount of clean water on a safe surface. A helper may hold or squeeze.

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