Open and Close a Screw-Top Jar

Pre-K-Grade 2 | Practical life | Hand skills | Color

Learner: _____ Date: _____

Use one clean, empty plastic jar with a large lid. Practice slowly with a grown-up. Stabilize, twist, lift, replace, and close. A helper may hold either part.

1 **HOLD THE JAR**

2 **GRIP THE LID**

3 **TWIST TO OPEN**

4 **LIFT THE LID**

5 **SET LID BACK**

6 **TWIST TO CLOSE**

Grown-up check: Suggested order shown. Use an empty, unbreakable container with no sharp edges. Loose closing is enough; never force a stuck lid.

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