Roll, Pinch, and Press Play Dough

Toddler readiness-Grade 1 | Fine motor | Sensory play | Color

Learner: _____ Date: _____

Try any four actions with soft dough. Use one or both hands, tools, or help. Skip sticky textures if they are uncomfortable.

ROLL A BALL

DONE / SKIP

MAKE A SNAKE

DONE / SKIP

PINCH 5 TIMES

DONE / SKIP

PRESS IT FLAT

DONE / SKIP

POKE 5 DOTS

DONE / SKIP

CUT WITH A TOOL

DONE / SKIP

Grown-up check: Open-ended hand-strength play. Participation can include watching, directing a helper, or using a tool.

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