Place a Cup in the Sink Step by Step

Pre-K-Grade 2 | Practical life | Sequencing | Color

Learner: _____ Date: _____

Practice with one empty, unbreakable cup and a reachable sink. Point to, act out, number, or follow the six steps. A helper may carry or place the cup.

1 **CHECK THE CUP IS EMPTY**

2 **HOLD IT WITH ONE OR TWO HANDS**

3 **MOVE TO THE SINK SLOWLY**

4 **LOOK FOR A CLEAR SPACE**

5 **SET THE CUP DOWN GENTLY**

6 **CHECK IT CANNOT FALL**

Grown-up check: Suggested order shown. Use only an empty, unbreakable cup and a stable, reachable sink. Learners may point, use eye-gaze, direct a helper, or practice while seated.

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