Pack a Lunch Bag Step by Step

Pre-K-Grade 2 | Practical life | Sequencing | Color

Learner: _____ Date: _____

Practice with an empty lunch bag and safe pretend or sealed items. Point to, act out, number, or follow the six steps. A helper may steady the bag or guide each motion.

1 **PLACE BAG ON TABLE**

2 **OPEN THE BAG**

3 **ADD A COLD PACK**

4 **ADD FOOD BOX**

5 **ADD NAPKIN**

6 **CLOSE THE BAG**

Grown-up check: Suggested order shown. An adult chooses safe food and handles allergy or temperature needs. Learners may look, point, use eye-gaze, direct a helper, or practice with pretend items.

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