Opposites in Motion

Below Pre-K-Kindergarten | Language and movement | Multisensory

Learner: _____ Date: _____

An adult reads one pair. Show, point to, act, sign, or say each opposite. Choose movements that feel comfortable.

UP / DOWN

FAST / SLOW

OPEN / CLOSED

LOUD / QUIET

Grown-up check: Each pair shows opposite ideas: up/down, fast/slow, open/closed, loud/quiet.

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