Ladybug Feeling Body Clues

Pre-K | Emotions | Body awareness | Color

Learner: _____ Date: _____

Grown-up: Read one clue at a time. Feelings can look different for every person. The learner may point, act, draw, sign, use AAC, or say a possible feeling.

TRY IT

Complete all six prompts. You may write, point, explain aloud, or use a scribe.

1 **My shoulders feel tight. I might feel _____.**

_____

2 **My face has a big smile. I might feel _____.**

_____

3 **My body wants a quiet corner. I might need _____.**

_____

4 **My hands want to squeeze something safe. I might need _____.**

_____

5 **Point to a body part that gives you clues.**

_____

6 **Choose one support: help, space, movement, or quiet.**

_____



Grown-up check: Possible answers include worried or frustrated; happy or excited; quiet or a break; a safe fidget or movement; individual answer; individual choice. Accept other reasonable feelings and needs.

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