Hum and Feel a Vibration

Pre-K-Grade 2 | Sound science | Body awareness | Color

Learner: _____ Date: _____

With a grown-up, hum gently at a comfortable volume. Touching the throat is optional. Point to, act out, or record what you notice during each step.

1 **REST A HAND OR WATCH**

2 **HUM GENTLY**

3 **NOTICE A BUZZ**

4 **STOP AND NOTICE**

5 **TRY A HIGH HUM**

6 **TRY A LOW HUM**

Grown-up check: Sound is made by vibrations. A humming voice can make the throat feel like it is buzzing. Touch is optional; listening, watching, or directing a helper are valid observations.

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