# Hum and Feel a Vibration

Pre-K-Grade 2 | Sound science | Body awareness | Ink-Saver B&W

Learner: _____ Date: _____

**With a grown-up, hum gently at a comfortable volume. Touching the throat is optional. Point to, act out, or record what you notice during each step.**

**1** **REST A HAND OR WATCH**

**2** **HUM GENTLY**

**3** **NOTICE A BUZZ**

**4** **STOP AND NOTICE**

**5** **TRY A HIGH HUM**

**6** **TRY A LOW HUM**

**Grown-up check: Sound is made by vibrations. A humming voice can make the throat feel like it is buzzing. Touch is optional; listening, watching, or directing a helper are valid observations.**

**More free resources: resources.richnerds.co.site | Personalized academic support: richnerds.co.site**

@richnerdstutoring | Personal/classroom use. Share the original PDF. Not for resale.