Handwashing Steps

Preschool-Kindergarten | Health and routines | Visual sequence

Learner: _____ Date: _____

Point to each step as you wash. An adult can model or help. Use the steps that fit your sink and support needs.

1. WET DONE [ ]

2. SOAP DONE [ ]

3. SCRUB DONE [ ]

4. RINSE DONE [ ]

5. DRY DONE [ ]

Grown-up check: Wet hands, add soap, scrub all parts, rinse, then dry.

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