Getting Dressed Steps

Preschool-Kindergarten | Practical life | Visual sequence

Learner: _____ Date: _____

Choose the clothing your day and body need. Point to each step. An adult may help, change the order, or skip an item.

1. CHECK WEATHER [ ]

2. CHOOSE CLOTHES [ ]

3. GET DRESSED [ ]

4. CHECK COMFORT [ ]

Grown-up check: Check the weather or plan, choose suitable clothes, get dressed with needed support, then check comfort.

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