Crumple and Smooth Paper

Toddler readiness-Grade 1 | Fine motor | Hand strength | Ink-Saver B&W

Learner: _____ Date: _____

With a grown-up, use one sheet of scrap paper. Point to, act out, or help complete each step. A helper may steady the paper or do the squeezing.

1 **FIND SCRAP PAPER**

2 **HOLD WITH TWO HANDS**

3 **SQUEEZE INTO A BALL**

4 **OPEN YOUR HANDS**

5 **SPREAD PAPER OUT**

6 **SMOOTH WITH PALMS**

Grown-up check: Suggested order shown. Use clean paper without sharp staples or torn edges. Stop if hands hurt or tire; pointing, eye gaze, and helper-assisted movement count.

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