Carry a Tray with Two Hands

Toddler readiness-Grade 1 | Practical life | Coordination | Color

Learner: _____ Date: _____

Practice with an empty, light, unbreakable tray. Point to, act out, or follow the six steps. A helper may carry some or all of the weight.

1 **CLEAR THE PATH**

2 **PLACE HANDS ON SIDES**

3 **LIFT A LITTLE**

4 **KEEP TRAY LEVEL**

5 **MOVE SLOWLY**

6 **SET IT DOWN**

Grown-up check: Suggested order shown. Start seated or over a table if safer. Use an empty lightweight tray and keep floors clear.

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