Ask for Help: Choose the Words

Pre-K-Grade 2 | Self-advocacy | Communication | Color

Learner: _____ Date: _____

Practice a helpful message for each situation. Speak, point, sign, write, or use AAC. It is okay to ask more than once.

THE DIRECTIONS ARE CONFUSING

I NEED _____

PLEASE HELP WITH _____

THE ROOM FEELS TOO LOUD

I NEED _____

PLEASE HELP WITH _____

MY HAND NEEDS A BREAK

I NEED _____

PLEASE HELP WITH _____

I CANNOT REACH AN ITEM

I NEED _____

PLEASE HELP WITH _____

I NEED MORE TIME

I NEED _____

PLEASE HELP WITH _____

MY WAY DID NOT WORK

I NEED _____

PLEASE HELP WITH _____

Grown-up check: Open-ended. Valid messages identify the need, request help or a break, and may name a preferred support.

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