I Need a Break Choice Cards

Pre-K-Grade 3 | Self-advocacy | Communication | Color

Learner: _____ Date: _____

Cut apart the cards or point to one. Use a card to tell a grown-up what support would help. There are no wrong choices.

I NEED QUIET

POINT OR CUT OUT

I NEED MOVEMENT

POINT OR CUT OUT

I NEED WATER

POINT OR CUT OUT

I NEED HELP

POINT OR CUT OUT

I NEED MORE TIME

POINT OR CUT OUT

I AM ALL DONE

POINT OR CUT OUT

Grown-up check: Honor the learner's communication and offer the selected support when possible.

More free resources: resources.richnerds.co.site | Personalized academic support: richnerds.co.site

@richnerdstutoring | Personal/classroom use. Share the original PDF. Not for resale.