I Need a Break Choice Cards

Pre-K-Grade 3 | Self-advocacy | Communication | Ink-Saver B&W

Learner: _____ Date: _____

Cut apart the cards or point to one. Use a card to tell a grown-up what support would help. There are no wrong choices.

I NEED QUIET

POINT OR CUT OUT

I NEED MOVEMENT

POINT OR CUT OUT

I NEED WATER

POINT OR CUT OUT

I NEED HELP

POINT OR CUT OUT

I NEED MORE TIME

POINT OR CUT OUT

I AM ALL DONE

POINT OR CUT OUT

Grown-up check: Honor the learner's communication and offer the selected support when possible.

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