Animal Movement Choices

Below Pre-K-Kindergarten | Gross motor | Movement play

Learner: _____ Date: _____

Choose one card. Move, gesture, point, imagine, or make the animal sound. Seated and small movements are welcome.

STOMP LIKE AN ELEPHANT

STRETCH LIKE A CAT

WADDLE LIKE A DUCK

REST LIKE A TURTLE

Grown-up note: Every body moves differently. Let the learner choose the size, speed, and length of each movement.

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