Prepare Questions for an Appointment

Adult learners | Self-advocacy | Low-writing

Learner: _____ Date: _____

Plan the facts and questions you want to communicate. Bring only information relevant to the appointment.

PURPOSE OF THE APPOINTMENT

IMPORTANT FACTS, DATES, OR CHANGES

MY TOP THREE QUESTIONS

NOTES, NEXT STEPS, AND FOLLOW-UP

Grown-up note: You may write, type, dictate, or bring a support person when allowed. This planning sheet does not replace professional advice.

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